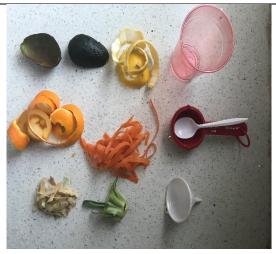
Title: Water Play with vegetable/fruit peel

Age Group: Toddler Submitted by: Mariam – St. Gabriel







Type of Activity: Sensory

Materials:

- -Fruit and vegetable peels
- -Large, steady bowl or plastic bin
- -Measuring cups and spoons
- -Cup or jug of water
- -Funnel
- -Plastic sheet or large towel
- -Water

How to Do it:

Put all materials in a bowl and let your child add water, then touch, squeeze, smell and scoop.

Root Skill / Extension:

Children will practice using their senses by touching and smelling.

Extension: Verbally labelling those items' names will enhance their language skills. You can also add a peeler to peel vegetables or oranges, to increase their fine motor skills.

