

Title: Table Top Painting

Age Group: Infants / Toddlers

Submitted by: **Malyoun M. (Home Child Care Provider)**



Type of Activity: Sensory Exploration

Materials:

- Table top
- Plastic sheet
- Corn starch
- Water
- Paint/food colouring
- Bowl, Spoon & Measuring cup
- Cover for children's clothes with a smock or old button-down shirt



How to Do it:

Ingredient for paint mixture

- 1 cup of Corn Starch
- 1/3 of Water
- Few drops of food colour

In a bowl

- Pour the water
- Add colour
- Mix in corn starch

Clean Flat Surface/Activity Can Be Messy

Root Skill / Extension:

Physical – 5.3 The Senses, Touch: (touching, rubbing, squeezing materials)

Extending the learning: Naming the colours, talking about the texture, describing the temperature and adding scent or flavour (infants)