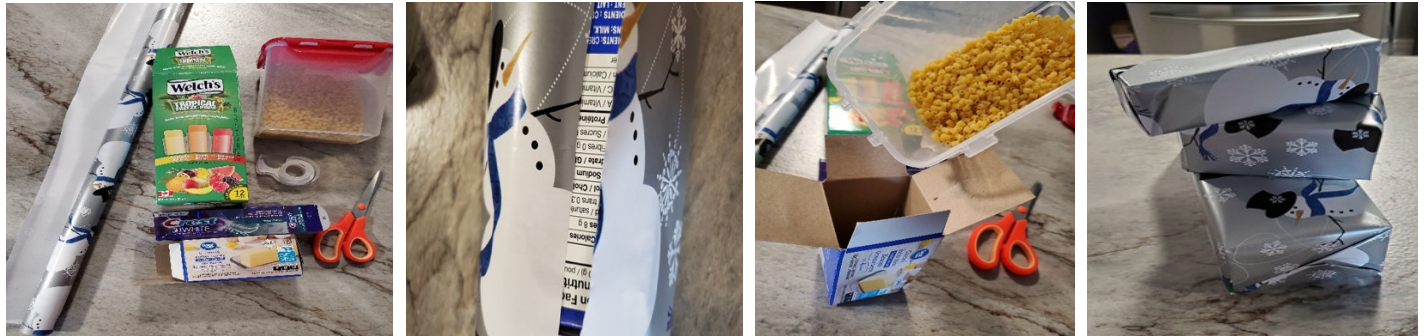


# Title: Sound Blocks

Age Group: Infants / Toddlers

Submitted by: **Sally (Metamorphosis)**



Type of Activity: Sensory

## Materials:

- Boxes 3-4 (various sizes)
- Fillers \*
- Scissors
- Tape
- Wrapping paper, newspaper or tissue paper

## \* Fillers:

- Dry pasta, beans, rice
- Pencils
- Marbles
- Beads
- Pieces of cardboard

## How to Do it:

- Let your baby help pour a different filler into each box
- Secure both ends of each box with tape
- Wrap the boxes like presents

## Root Skill / Extension:

**Physical: 5.1 Gross motor, balance & 5.3 Senses, sensory discrimination**

Children use their balance and muscles to reach for, hold, and shake the blocks. This task requires steady hand-eye coordination. Since each block contains different fillers, your infant or toddler will also practice their auditory discrimination as they hear different sounds while shaking.

Extending the learning: Add yogurt cups, containers or bottles for stacking.