

Title: Simple Knitting

Age Group: School Age

Submitted by: Nahida (St Maria Goretti)

Step:1 In through the front door



Step:2 Around the back:



Step:3 Out through the window



Step:4 And off jumps Jack



Type of Activity: Physical / Sensory - Life Skill

Materials:

- Yarn
- Knitting needles
- Scissors

How to Do it:

- First step: your right-hand holds the right needle, and the left-hand holds left needle with the stitches on it.

- Then the right hand grips the left needle, and the needles make an X of a knit stitch. (for knitting right-handed, do the opposite for left-handed)

Use this fun "Learn to Knit" rhyme for the knit stitch:

In through the front door, Around the back, Out through the window, And off jumps Jack.

Root Skill / Extension:

This activity will help children increase their level of concentration, as well foster their hand-eye coordination skills.

Extend the learning: Practice, practice, practice! Once you have mastered how to knit, you can begin to create everyday materials as in scarfs, mitts, hats or anything your child will feel proud to wear.

Adapted from: <https://www.youtube.com/watch?v=YkfnDvtRPxl> and <https://www.youtube.com/watch?v=1vm6oaYzHyA>