

Title: Sewing a Pouch

Age Group: School Age

Submitted by: **Rose (Home Child Care)**



Type of Activity: Physical / Fine Motor

Materials:

- Different colour felt from the Dollar store or Amazon
- Child safe scissors
- Safe/age appropriate sewing needle (Dollar store or Amazon)
- Thread for sewing

How to Do it:

- Cut out two rectangles of the same size to a desired size for the pouch
- Have the child draw a flower, animal and/or design on to the felt pieces
- Cut out the felt design pieces
- Sew or glue on the felt pieces to one rectangle piece
- Sew rectangle pieces together around edge on three sides

Sew using a blanket stitch



Rhyme for sewing

A worm sees a bird who wants to eat him/her

Make a wormhole to hide (with thread)

In goes the worm (needle goes into thread whole)

The worms came out to see if the bird is still there.
(Pull thread through fabric)

Repeat

Root Skill / Extension:

Root Skill: Physical 5.3 fine motor, tool use – manipulating a sewing needle

Emotional 2.6 Positive attitudes towards learning – increasing pride in work and interest in learning new things. Cognition 4.2 problem solving, developing strategies internally

Extension: Learn how to sew six basic hand stitches here:

<https://www.youtube.com/watch?v=xvxqtc8thRg>