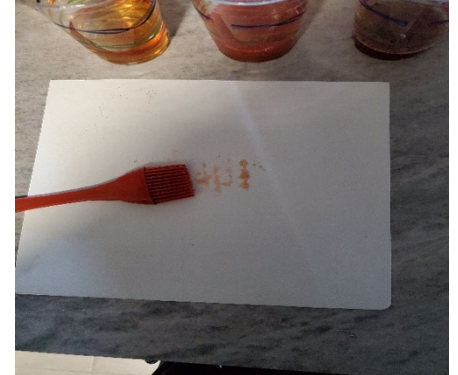
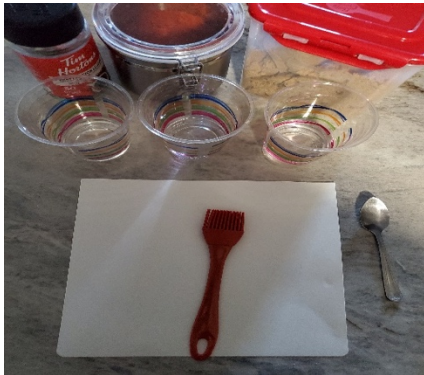


Title: Spice Painting

Age Group: Toddlers

Submitted by: **Sally (Metamorphosis)**



Type of Activity: Sensory

Materials:

- Paper
- Plastic cups
- Diverse spices, ground flowers or fruit
- Water
- Spoon
- Basting brush (or paint brush, toothbrush)

* Coloured Scent Options:

- Coffee grains
- Paprika
- Brown sugar
- Mint
- Grapes
- Orange
- Blueberries
- Beets
- Boiled lawn grass
- Lavender
- Chamomile tea
- Roses

How to Do it:

- Pour an even amount of water in each plastic cup
- Mix one teaspoon of coloured scent into each cup
- Place paper on a high-chair or tape it to the floor
- Let your child dip the basting brush into the cups and spread the mixtures onto the paper

Root Skill / Extension:

Physical – 5.3 Senses: visual & olfactory

Your toddler will enjoy smelling the different spices and seeing the various colours as they spread the spices onto the paper.

Extend the learning: Try making some homemade playdough with different scents or add food colouring and fruit juice to water play.