

# Title: Sensory Bottles for Infants

Age Group: Infant

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Type of Activity: Sensory play

## Materials:

- Empty, clean water bottles, or clear shampoo bottles
- Any size will do; remember to use ones that don't crush easily
- Variety of dry pasta, dried beans, or a mix of small colourful objects
- Duct Tape or Glue Gun and glue sticks

## How to Do it:

- Clean and sterilize an empty water bottle, or clear shampoo bottle as shown.
- Fill the bottle with pasta or other materials. You don't have to do these with just one material per bottle – mix it up!
- Secure lid with heavy tape or use glue gun to put a ring of glue inside the bottle lid to ensure your child can not remove the lid in play.
- Shake and Enjoy!

## Root Skill / Extension:

Sensory / Motor Skills: listening to sounds; manipulating objects in space  
Extend the learning with sensory bottle or shakers by introducing colors or glitter to the pasta. As your child shakes the bottle, they can observe the colors within and watch as they bounce around inside.