

Title: Mess Free Painting Activity

Age Group: Infant

Submitted by: Jenny (Bendale)



Type of Activity: Art / Sensory Experience

Materials:

- Ziploc Bag (medium or large)
- Paints; any colour
- Paper; sized to fit inside the bag
- Tape (Painter's tape preferred)

How to Do it:

- Insert a **piece of** paper into the large Ziploc bag
- Drop a few drops of paint in **the** large Ziploc bag, and seal
- Tape the Ziploc bag down on the table or floor
- Let the child(ren) push the paint and mix the colors without mess

Root Skill / Extension:

Physical 5.2: Fine Motor

Cognitive 4.1: Attention Regulation

- Refers to the continuum of Development from ELECT Document (Fish Bone Diagram)

The activity develops Child(ren)'s hand-eye coordination and helps them practice their fine motor skills by pushing the paint and mixing it together.

Extend this activity: Help add new words to you infant's vocabulary by labelling the colours as your child smudges them around.