

Title: Make a Bowling Set

Age Group: School Age

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Type of Activity: Creativity/Physical

Materials:

- Empty Water Bottles
- Paint
- Small Ball

How to Do it:

- Gather as many empty water bottles with lids as you can.
- Pour some paint in the bottle and put the lid on, ensuring the lid is tight.
- Shake the bottle around until paint covers the entire inside. Stand it upright.
- Repeat this for each water bottle, to make a full bowling set.
- Once all the water bottles are painted, set your new bowling pins down and find a ball around the house - Its family bowling night!!!!

Root Skill / Extension:

Children love to create new things, and why not bedazzle some water bottles and play a fun game of bowling?

Not only will children get to express their creativity by using different colours, tie-dye effects, signs, and/or stickers, they will also get to play a game of bowling, which could include making your own rules, and writing down strikes - the learning is endless!