

Title: Make Your Own Playdough

Age Group: Toddler / Preschool

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Type of Activity: Sensory / Fine Motor

Materials:

- 2 cups of flour
- 1 ½ cups of water with a box of coloured Jello dissolved in the water
- ½ cup of salt
- ¼ cup of vegetable oil
- 2 Tablespoons of cream of tartar
- Large bowl, mixing spoon, measuring cups and spoons, sealable plastic container

How to Do it:

- Mix together flour and salt.
- Dissolve one box of coloured Jello in the water.
- Add water/Jello mix to the dry ingredients and stir thoroughly with a spoon until it becomes a dough.
- Start kneading the playdough with your hands – takes about 10 kneads to get the colour all the way through. If it's still sticky, don't add more flour. Wet your hands and add oil -it works so much better.
- Store playdough in a plastic container in the fridge. It should last a week.

Root Skill / Extension:

The measuring in this activity encourages scientific thinking and problem solving and the sensory play develops fine motor skills. Encourage language development by asking open ended questions like "What do you think will happen when I add the water?"

Extend the play by adding tools: cookie cutters, containers, scissors, measuring cups, rolling pins

Socially interacting positively 1.5- interacting positively and respectfully / Cognitive 4.1 Self regulation / Physical 5.3- tool use