

Title: Indoor Broom Hockey

Age Group: Kindergarten / School Age

Submitted by: Lei W. (Head Office)



Type of Activity: Gross Motor

Materials:

- Paper plates / foam plates
- Markers
- Cardstock / construction paper
- Tapes
- 2 or more brooms (depending on the number of players)
- Basket (or something to use as the goal)

How to Do it:

- The children will write each letter of their names on a separate plate.
- Have the children write their names on the cardstock / construction paper, and tape it on the basket.
- Ask the children to throw all the paper plates on the floor in the middle of the play space.
- Each child takes a broom and sweeps the paper plate letters from their own names into the goal with their name on it. If the paper plate touches the goal, it counts.
- Once all the paper plates are collected, the children can arrange them and spell their names.

Root Skill / Extension:

Physical 5.2: Gross Motor

This broom hockey activity is a simple way for children to work on gross motor skills, and gives them the opportunity to learn about letters, and practice spelling and letter matching.

Extend the learning: The parents can ask an open question: "Who is your favorite Canadian hockey player?" "What other games can we play like this?"