

Title: Indoor Basketball Hoop

Age Group: Infant / Toddler

Submitted by: **Jenny (Bendale)**



Type of Activity: Physical (Gross Motor)

Materials:

- Cardboard
- Coloured tape; paint tape
- One clothes hanger
- Plastic bag
- Ball

How to Do it:

- Cut out a piece of flat cardboard
- Put coloured tape on the edges and inner square (as shown) to make a backboard. -
- Make a circle out of the wire of the hanger and suspend the plastic bag. Bend the hook at 90 degrees.
- Tape the hook to the back of the board.
- Attach basketball board and net to wall with paint tape – this won't take the paint off your wall
- Encourage children to throw the ball through the basketball hoop

Root Skill / Extension:

- 5.1. Gross Motor Refer to continuum of Development from ELECT Document (Fish Bone Diagram)

A basketball game is a good activity to develop large muscle skills for children, as well as their targeting and grasping skills. Open questions: "Where's the ball? Where does it go?" You can extend the learning by playing throw and catch without the hoop, or roll the ball between you and your baby, in the floor. See if your baby can throw the ball at the hoop from a distance (balancing skills).