

Title: Feeling Faces – All About Emotions

Age Group: Infant

Submitted by: Sally (Metamorphosis)



Type of Activity: Social & Emotional

Materials:

- Paper
- Markers
- Scissors

How to Do it:

- Get your child to pick a paper to cut.
- The parents / caregivers use the scissors to cut out some circles out of the paper, make sure that they are large enough to cover the faces.
- Draw different faces with different facial expressions on the paper (Happy / Sad / Mad / Angry / Excited / Surprised / Confused faces, etc.).
- Have the child pick up any face they like, then ask them to act out and say the feelings.

Root Skill / Extension:

Social 1.2: Imitation & Emotional 2.1: Expression of Emotion

With this activity, infants can imitate various emotions with you and maintain healthy connections. When children practice expressing their emotions they begin to get a sense of themselves and their reactions to stimulus.

Extend the learning: Add to language practice by singing “If You’re Happy and You Know It”