

Title: Creating Shapes by Tracing

Age Group: Toddler/ Preschooler

Submitted by: **Mariam (St. Gabriel)**



Type of Activity: Fine Motor and Pincer Grasp (Physical)

Materials:

- Paper
- Pencil, crayon or marker
- Different-shaped containers

How to Do it:

- Place items on paper
- Hold down the item to keep it steady
- Place the tip of the writing tool on the paper and trace around the edge
(You can demonstrate to your child how to trace things on the paper)
- If your child is not able to trace easily, you can help them by placing your hand over their hand while they are holding the pencil, crayon or marker

Root Skill / Extension:

Physical – Fine Motor: tool use, pincer grasp

children will improve their fine motor skills

Cognitive – Understanding two- dimensional and three - dimensional shapes: recognizing and naming shapes

Extending the learning: adding different shapes of containers, big and small, Tracing your hands and feet.