

Title: Busy Bag

Age Group: Infants or Toddlers

Submitted by: **Toni M. (Satellite)**



Type of Activity: Sensory Exploration

Materials:

- Zip lock freezer bag or milk bags (that have been washed and air dried - these bags are very strong)
- A range of small objects to go inside the bag like buttons, stickers, rocks, plastic toys, keys, etc. No sharp edges!
- Strong clear package tape or duct tape.
- Scissors
- Cheap hair gel (about 2 bottles) as shown in picture 1.

How to Do it:

Gather all your items to make the Busy Bag.

Before filling your bag, tape the edges of the bag, leaving an opening at the top (this is to reinforce the bag around the edges).

Fill your clear plastic bag with a handful or 1 cup of small items. **NO SHARP EDGES.**

Add the gel to the bag. (For support, you may want to place the bottom of the bag in a deep bowl or have someone help you hold it. Carefully make a small fold at the opening and tape it. Then fold again and seal the top part of the bag with the tape.

You now have a bag filled with exciting objects for your child to see and touch. Have fun.

Root Skill / Extension: The infant will explore by touching and seeing through the bag and they may try to take the object out. (pincer grasp). The infant can try to name the objects i or you can name them and she/he will repeat. (develop language skills). You can count how many buttons and rocks, etc. (develop math skills). Open ended questions: can you find me where the stickers are? Where are the buttons? How many dinosaurs do you see?