

Title: Alternate Ball Drop Activity

Age Group: Infant

Submitted by: **Jenny (Bendale)**



Type of Activity: Fine Motor

Materials:

- Basket of Ping Pong Balls
- Paper towel Roll
- Paint tape for wall

How to Do it:

Tape clean paper towel roll tubes to a wall at your baby's height. Encourage them to put the ping pong ball through the paper towel roll, chase the balls and put them back in the basket

Root Skill / Extension:

Cognitive 4.1 – Attention regulation

Physical 5.2 – Fine motor

Language 3.3 Expressing language skills

- Refer to continuum of Development from ELECT Document (Fish Bone Diagram)

This activity develops children's hand- eye coordination and helps them practice their fine motor skills by finding and holding the ping pong ball. Open Questions: "Oohhh! Where is the ball? Where can you put it next?"

Extend the learning: Colour the balls different colours and sort them out. Use different materials (E.g.: Pom pom's, as in the Pom Pom Drop video, or big popsicle sticks). Use a mini fishing net to collect the balls – It's an opportunity to teach children to tidy up while building their large muscle skills.